LEARNING STUDY AND LESSON STUDY
DOES IT MATTER?

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Lesson study
Lesson study is used in Japan by teachers to improve teaching and student learning by systematically examining their practice, with the goal of becoming more effective. The teachers work collaboratively to investigate a small number of lessons. Working on these lessons involves planning, teaching, observing, and critiquing the lessons.

Learning study
A learning study, like a lesson study, is a systematic and collaborative way for teachers to plan and revise lessons. One significant feature of a learning study is that the approach is based on an explicit theoretical framework, variation theory, exploring what students need to discern in order to learn a specific skill or understanding.

Analysis
In the analysis, I use Clark and Hollingsworth’s (2002) four components, from their model of teacher growth, to describe differences and similarities in the learning and lesson study approaches. My research data comes from two previously completed studies, one a lesson study (Arditi, 2013) and the other a learning study (Wernberg, 2009).

Preliminary findings
One result of this study suggests that teachers' involvement in a learning study leads to a deeper understanding of their students' understanding of the content taught.