

Food as a means for learning for sustainable development

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Skåne in southernmost Sweden is an agricultural and food producing region. Issues surrounding the production and consumption of food are important for local and global sustainability. Food is also a key issue pertaining to social welfare, culture and public health. There are great opportunities to improve the supply and demand of food in Skåne, which could have a major impact on environmental, social and economic sustainability.

The local municipalities in Sweden are in charge of the formal education and are also offering all students in compulsory school a school-meal a day. The municipalities in Skåne have high ambition on serving wholesome and organic food in the school restaurants.

Coupling organic, locally produced and well-prepared school meals with classroom education on different aspects of food is one way of connecting learning for sustainable development to the everyday life of the students and will be a significant ESD-activity in the region.

The aim of the project is to evaluate and develop educational material and tools on food and education of sustainable development and to evaluate the results of the education.

It is a concrete, practise related, research and development project on food as a means for learning for sustainable development in order to transform and improve the education and to strengthen the cooperation among different actors in formal as well as informal education in Skåne.

Sonesson, Kerstin is senior lecturer in environmental science at Malmö University and international coordinator of RCE Skane, southernmost Sweden. Her current project is on developing food as a means in formal as well as informal ESD. Other areas of interest include pedagogy for environment education and forest ecology.